March 16, 2020

Coronavirus Disease 2019 (COVID-19) information for food premises

What is Coronavirus Disease 2019 (COVID-19) and how does it spread?

COVID-19 is a respiratory infection caused by a newly identified virus. The infection has symptoms similar to other respiratory illnesses, including the flu and common cold: cough, sneezing, fever, sore throat and difficulty breathing. While most people infected with COVID-19 experience only mild illness, severe illness can occur in some people, especially in those with weaker immune systems, the elderly and those with conditions such as diabetes, cancer or lung disease. COVID-19 is transmitted by droplets when a person coughs or sneezes in close contact with another person, or onto surfaces which are later touched by another. The virus can be spread by touch if a person has used their hands to cover their mouth or nose when they cough. The virus causing COVID-19 is not known to become airborne, and does not pass through the skin.

Should I close my food premise?

Closing of restaurants and other food premises is not recommended in British Columbia at this time due to low rates of community transmission (being infected in public spaces) and current case counts of COVID-19. The large majority of transmission has occurred in household environments, with relatively limited transmission through community contact (contact in the public).

What if an employee is sick?

All food premises should have an updated employee illness policy that is communicated with all staff immediately. Tell your employees that if an employee is sick with acute respiratory illness symptoms, they should remain at home and contact HealthLink BC at 8-1-1. If any employee is showing symptoms for COVID-19, ask them to leave work immediately and have them contact 8-1-1 for further guidance.

What if an employee has returned from travelling?

At this time the provincial government is recommending against all non-essential travel outside of Canada, including the United States. All employees returning from travel outside of Canada, are to monitor for symptoms, self-isolate and avoid working for 14 days after returning from travel.

Should I be doing anything different at my food premise to minimize risk of transmission during the COVID-19 outbreak?

There are a number of other new things you should do that are new, including:
1. Encourage social distancing and reduce opportunities for interactions among large groups and prolonged close contact. Current recommendations do not place a specific distance between tables within a restaurant but rather are focused on ensuring sick staff or patrons stay away from the premises and self-isolate.

2. Enhance your premise’s sanitation plan and schedule, and ensure staff are practicing proper hygiene including frequent hand washing and proper cough and sneeze etiquette by doing so into your elbow rather than your hands.

A food premise should do the following to reduce COVID-risk among their patrons:

- Enhance and increase the frequency of your cleaning of high-touch areas (such as door knobs, faucets, payment card touch pads, bathroom surfaces, menus and condiments) with regular disinfecting solutions found in your sanitation plan (bleach or quaternary ammonium is recommended). Use detergents prior to disinfecting the surfaces in the premises. Specialized disinfection products are not necessary.
- Ensure service areas are properly cleaned and sanitized according to the product manufacturer’s instructions after each customer service, staff shift changes, and before and after closing.
- Do not provide self-serve food to patrons; Have your staff serve all foods and service ware
- Have separate cleaning and sanitizing equipment for customer and kitchen areas.
- Have dedicated staff for cleaning and sanitizing the service area and customer seating.
- Regularly clean and disinfect equipment for handling payments.
- Set up customer tableware and utensils when customers are being seated and not pre-set prior to seating to reduce potential contamination.
- Provide alcohol-based hand rubs in the food premise for patrons.
- Ensure washrooms are well stocked with liquid soap and paper towels at all times, and that warm running water is available.
- Place hand hygiene and cough and sneeze etiquette signs within areas in the food premise (provided in this document)
- Place signage on front doors that tell guests not to enter the premises if they are feeling ill and to contact HealthLink BC 8-1-1 if they have symptoms of COVID-19 (provided in this document)
- Encourage your patrons to use your delivery take-out options (e.g. especially free delivery if it is an option) to encourage your patrons to avoid lining up onsite to pick up meals in person.

What about if my food premise offers self-service like a buffet or salad bar?

At this time, we are recommending self-service buffet and salad bars be restricted from food premises. We do suggest the following if you offer this type of food service:

- Close the self-service buffet or salad bars; no self-service to be allowed
- Provide hand sanitizer to customers before they access the area
- Have an employee act as an attendant at the buffet to oversee the operation and have staff serve food to customers
**Should food premises be using disposable gloves?**

Frequent and proper handwashing is always encouraged as it is the best way of preventing all respiratory virus infections and other foodborne illnesses. If a food premises chooses to use gloves, employees should wash their hands thoroughly before putting on the gloves and change them often. Change the gloves before you handle money or credit card machines, and afterward. Wearing gloves does not exclude you as a food handler from washing your hands.

**Do you have further questions?**

Please refer to our website for further up-to-date information on COVID-19.

[www.vch.ca](http://www.vch.ca)

Contact us with questions about food premises and health protection at 604-675-3800; If staff have individual health concerns, please call HealthLink BC at 8-1-1.
Stop the spread of germs that make you and others sick!

Cover your Cough

Cover your mouth and nose with a tissue when you cough or sneeze
or cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

Clean your Hands

Wash hands with soap and warm water
or clean with alcohol-based hand cleaner.

after coughing or sneezing.
Wet hands with warm water.

Apply soap.

Lather soap and rub hands palm to palm.

Rub in between and around fingers.

Rub back of each hand with palm of other hand.

Rub fingertips of each hand in opposite palm.

Rub each thumb clasped in opposite hand.

Rinse thoroughly under running water.

Pat hands dry with paper towel.

Turn off water using paper towel.

Your hands are now safe.
Prevent coronavirus (COVID-19)

Please do not enter if you are sick

If you are experiencing ANY cough, fever or other respiratory symptoms OR believe you may have been exposed to COVID-19 or any other respiratory illness, please do not enter our facility for the protection of our customers and employees.

If you have any questions, please call a health care provider or 8-1-1.

Visit vch.ca/about-us/news/vancouver-coastal-health-statement-on-coronovirus

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