LATEST UPDATE – FEBRUARY 4, 2022

In an effort to keep our community partners connected, we are providing you with regular COVID-19 updates.

Temporary changes to visitor guidance at long-term care facilities
Earlier this week, the BC Centre for Disease Control made temporary changes to visitor guidance at long-term care and assisted-living facilities. Visits to long-term care facilities are restricted to essential visits and visits from single designated visitors.

More details on current BCCDC guidance can be found here.

VCH vaccination clinics
All VCH clinics are accepting drop-ins for first and second doses, but appointments are required for children aged five to 11 years old, and for booster or third doses. All are welcome at our clinics, including those without personal health numbers and people who are not residents of B.C. To book a vaccine appointment, register on the provincial system or call 1-833-838-2323. Service BC locations can also help you register for a vaccine.

Access a full list of VCH vaccination clinics, including pop-up clinics, by visiting http://www.vch.ca/vaccine.

Get your BC Vaccine Card online at gov.bc.ca/vaccinecard. Once verified, you will be able to save a digital copy to your mobile device or print a hard copy to present along with your government-issued photo identification when entering designated businesses. Don’t have access to a computer? Get your card from a Service BC Centre or by calling 1-833-838-2323 at the Get Vaccinated call centre.

COVID-19 vaccine update
As of Friday, Feb 4, 2022, 90% (4,486,817) of eligible people five and older in B.C. have received their first dose of COVID-19 vaccine and 84.2% (4,199,246) have received their second dose.

In addition, 92.8% (4,302,180) of eligible people 12 and older in B.C. have received their first dose of COVID-19 vaccine, 90.2% (4,179,452) received their second dose, and 48.1% (2,229,462) have received a third dose.

Also, 93.2% (4,029,724) of all eligible adults have received their first dose, 90.6% (3,919,760) received their second dose, and 51.5% (2,227,223) have received a third dose.

Ministry of Health update
In the Friday, Feb. 4, 2022, statement on B.C.’s COVID-19 response, 946 COVID-positive individuals are in hospital and 139 are in intensive care. In the last 24 hours, 19 new deaths have been reported, for an overall total of 2,675.

1,799 new cases were reported with 294 of those in the Vancouver Coastal Health (VCH) area.
The total number of people who have tested positive for COVID-19 in B.C. now stands at 330,942 since the start of the pandemic. There are 25,479 active cases of COVID-19 across B.C. currently.

Find the latest testing guidelines on the BCCDC website
Vancouver Coastal Health (VCH) adjusts its clinical processes and practices across our testing sites to align with provincial testing guidelines, which prioritize testing for those at higher risk of serious illness and those who live or work in high-risk settings. Testing criteria is available on the BCCDC website.

Before attending a VCH testing site, please ensure you are eligible for testing. If you are not eligible, please review guidance on self-monitoring and self-isolation.

Please note that VCH public testing sites do not provide testing for travel and recreational purposes. VCH testing sites will not test individuals who require proof of a negative test to return to work, school or recreational activities. A list of private pay clinics that accommodate testing services for these purposes is also available on the BCCDC website.

Raising awareness of eating disorders
Eating disorders have one of the highest mortality rates of any mental illness. In these challenging times, we have seen an increase in disordered eating and eating disorders, often as a way to cope with stress and uncomfortable emotions.

To mark Eating Disorder Awareness Week, we are sharing commonly asked questions and answers as well as resources to help you support yourself and others.

Learn more here.

VCH, North Vancouver RCMP, and West Vancouver Police Department launch Car 22 program
The North Shore’s most vulnerable residents are getting better access to mental health support thanks to a new partnership between Vancouver Coastal Health (VCH), North Vancouver RCMP, and West Vancouver Police Department (WVPD).

The Car 22 the pilot program is aimed at assisting marginalized and vulnerable populations in the community who face mental health challenges. Staffed by officers from WVPD and RCMP, some of whom are also part of the Integrated First Nations Unit (IFNU), Car 22 pairs officers with a VCH mental health care professional, who rides with them during the patrol shift.

Read more here.

Vancouver Coastal Health winter care campaign – know where to go for the right care
Winter can be an exciting time of year, but it also comes with an increase in people visiting the emergency department (ED). While it is important to visit the ED for emergent health issues, non-life threatening urgent and non-urgent conditions can often be effectively managed by urgent primary care centres (UPCCs), family doctors, walk-in clinics or other services. Those
who are unsure where to access care can call 8-1-1 for general health guidance and information on services available in their local community.

Both hospitals and community clinics continue to be safe place to access treatment and care. Find out more here about where and when to seek care this winter.

Access translated resources in the following languages:

Winter care poster in English | Chinese Simplified (简体中文) | Traditional (繁體中文) | Punjabi (ਪੰਜਾਬੀ) | Arabic | Korean (한국어) | Tagalog | Japanese | Farsi | Russian | Spanish (Español) | Vietnamese (Tiếng Việt)

Winter care postcard in English | Chinese Simplified (简体中文) | Traditional (繁體中文) | Punjabi (ਪੰਜਾਬੀ) | Arabic | Korean (한국어) | Tagalog | Japanese | Farsi | Russian | Spanish (Español) | Vietnamese (Tiếng Việt)

Community engagement opportunities
VCH values community input. Please consider participating in or sharing the featured community engagement opportunities below:

• **Interviews – Improving access to osteoporosis care** *New*
  St. Paul’s Hospital is working to improve access to osteoporosis care after a person experiences a fragility fracture. You may have experienced a fragility fracture if you fell from standing height and/or with minimal trauma, leading to fracture. We are looking to interview those who have experienced hip, back, leg or arm fragility fractures and had received care at St. Paul’s Hospital for the fracture.

• **PCN Steering Committees - Vancouver Division of Family Practice**
  The Vancouver Divisions of Family Practice (VDoFP) is seeking to add 2 – 3 additional Patient Partners who receive their primary care (provided by a family physician or nurse practitioner) in Vancouver.

• **Assertive Community Treatment Website Development**
  Navigating information about mental health and substance use (MHSU) services is critical when you or someone you care for is in crisis. Vancouver Coastal Health (VCH) is working to create a website that helps MSHU clients, their families and friends to quickly find important information about Assertive Community Treatment (ACT). We want to hear from individuals across the province in a survey, a focus group, and individual interviews for the development of the ACT website.

• **Patient Advisor - “Code Blue” training review for staff**
  The Mock Code Blue Simulation Program helps train healthcare staff in responding to a code blue event. This training program now has an opportunity to involve patient/family/public partners for their input. Specifically the program is looking to improve the quality of the communication when the primary care team reports to the Code Blue Team upon their arrival.
Survey - Medical imaging brochures
Richmond Hospital's medical imaging team has developed medical imaging brochures that will be provided to patients. The goals of these brochures are to decrease the nervousness that some patients may experience before taking medical imaging tests and to help them become more knowledgeable about the tests. We would like your feedback on the brochures so that we can determine if our messaging is clear and if not, how it can be improved from your perspective.

VCH community engagement opportunities can be found on our Engage VCH homepage.

Home support resource pamphlet
VCH has developed some resource material for home support services and how to access it. This information is available in various languages.

- **Home support pamphlet**
  - [English] | [العربية Arabic] | [فارسی Farsi] | [Français French] | [Español Spanish] | [Tagalog]
  - [Tiếng Việt Vietnamese]

- **Home support client handbook**
  - [English] | [فارسی Farsi]

Other resources
Find the Provincial Health Officer’s orders [here](#). To see a map of COVID-19 cases by local health area, visit [here](#). For the latest medical updates, including case counts, prevention, risks and testing, visit: [http://www.bccdc.ca/](http://www.bccdc.ca/)

For community engagement opportunities at VCH, see: [https://engage.vch.ca/](https://engage.vch.ca/)

COVID-19 vaccination resource toolkit
- **COVID-19 vaccine registration poster**
  - [English] | [العربية Arabic] | [简体中文 Chinese Simplified] | [繁體中文 Chinese Traditional] | [فارسی Farsi] | [한국어 Korean] | [ਪੰਜਾਬੀ Punjabi] | [Español Spanish] | [Tagalog] | [Tiếng Việt Vietnamese]

- **Vaccine safety information**
  - [English] | [简体中文 Chinese Simplified] | [繁體中文 Chinese Traditional] | [한국어 Korean] | [ਪੰਜਾਬੀ Punjabi] | [Tagalog]

- **Aftercare information**
  - [English] | [العربية Arabic] | [American Sign Language - ASL] | [简体中文 Chinese Simplified] | [繁體中文 Chinese Traditional] | [فارسی Farsi] | [Français French] | [한국어 Korean] | [ਪੰਜਾਬੀ Punjabi] | [Español Spanish] | [Tigrinya] | [Tiếng Việt Vietnamese]
COVID-19 vaccine information sessions hosted by S.U.C.C.E.S.S. and VCH (Cantonese and Mandarin)
[Cantonese] | [Mandarin]

COVID-19 vaccine Q&A with Dr. Ray Chaboyer
[English]

COVID-19 vaccine info session by VCH Chief Medical Health Officer Dr. Patricia Daly
[English]

Thank you
We appreciate the time you spend reading these updates and hope you find the information and resources useful. If you no longer wish to receive the VCH Community Partner Update, please reply or send an email to ce@vch.ca with the word “unsubscribe”. Thank you.

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Land Acknowledgement
We would like to acknowledge that our places of work and the Vancouver Coastal Health facilities lie on the traditional, unceded homelands of the fourteen First Nation Communities of the Heiltsuk, Kitasoo-Xai’xais, Lil’wat, Musqueam, N’Quatqua, Nuxalk, Samahquam, Sechelt, Skatin, Squamish, Tla’amin, Tsleil-Waututh, Wuikinuxv, and Xa’xtsa.