**GUIDE TO EPISODIC-OPS**

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<tr>
<th><strong>What is an E-OPS?</strong></th>
<th><strong>When can I offer an E-OPS?</strong></th>
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<td>An E-OPS is a service that can be offered to client who wants to use substances but can't access a supervised consumption site or OPS. For their safety, staff can allow them to use in the facilities, under supervision or monitoring.</td>
<td>Supervised consumption should be offered when:</td>
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<td>E-OPS is available as an &quot;on demand&quot; service and are not a fixed site in the facility.</td>
<td>- requested by the client/person who wants to use</td>
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<td>E-OPS are discussed between clients and staff, taking in consideration availability and safety.</td>
<td>- staff is recognizing a need. Client may be asking for supplies or expressing desire to leave. You can then offer the service.</td>
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**What do I need?**

- Naloxone kit or any equipment to respond to an overdose (BVMs, oxygen, etc.)
- Access to a phone: 911 call in case of overdose
- Harm reduction supplies: syringes, alcohol swabs, disposable pad, safer drug consumption supplies...
- Sharps container

**How does it work?**

1) Staff monitor client while they are self-administering the substance

2) Staff **do not** provide direct assistance with injection. If client needs assistance with injection, assess needs for education or alternative route of administration

3) Monitor for overdose signs either continuously (preferred) or intermittently (every 3 to 5 min)

4) Call for help and intervene if overdose (review SAVE ME steps if needed). Follow existing internal policies

5) Direct client to dispose sharps safely

To access the complete guide or to ask questions, email: overdoseresponse@vch.ca