Sea Island
Total pop: 785

% Scoring 10+ on wellness score*
29.0%

- 31% meeting physical activity guideline
- 61% walking 30+ minutes per day
- 99% meeting daily fruit & vegetable guideline
- 99% do not smoke

57% in excellent or very good health
37% with a very strong sense of community belonging
41% commuting with sustainable modes

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average, ✗ indicates below Richmond average.

HEALTHY RICHMOND WELLNESS SURVEY 2012
Total pop: 15,970

% Scoring 10+ on wellness score

15.3%

29% meeting physical activity guideline

36% walking 30+ minutes per day

24% meeting daily fruit & vegetable guideline

94% do not smoke

49% in excellent or very good health

26% with a very strong sense of community belonging

39% commuting with sustainable modes

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average. × indicates below Richmond average.
Steveston
Total pop: 25,345

50% in excellent or very good health
32% with a very strong sense of community belonging
39% commuting with sustainable modes

% Scoring 10+ on wellness score*
25.1%

37% meeting physical activity guideline
45% walking 30+ minutes per day
29% meeting daily fruit & vegetable guideline
94% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average
✗ indicates below Richmond average

HEALTHY RICHMOND WELLNESS SURVEY 2012
Blundell
Total pop: 18,125

42% in excellent or very good health
27% with a very strong sense of community belonging
46% commuting with sustainable modes

% Scoring 10+ on wellness score*
21.4%

- 32% meeting physical activity guideline
- 44% walking 30+ minutes per day
- 19% meeting daily fruit & vegetable guideline
- 92% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average, ✗ indicates below Richmond average.
Bridgeport
Total pop: 3,190

38% in excellent or very good health
15% with a very strong sense of community belonging
20% commuting with sustainable modes

% Scoring 10+ on wellness score*
13.4%

- 28% meeting physical activity guideline
- 25% walking 30+ minutes per day
- 23% meeting daily fruit & vegetable guideline
- 95% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average ✗ indicates below Richmond average

HEALTHY RICHMOND WELLNESS SURVEY 2012
Broadmoor
Total pop: 23,315

- 43% in excellent or very good health
- 24% with a very strong sense of community belonging
- 35% commuting with sustainable modes

% Scoring 10+ on wellness score*

21.2%

- 38% meeting physical activity guideline
- 41% walking 30+ minutes per day
- 21% meeting daily fruit & vegetable guideline
- 93% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average. ✗ indicates below Richmond average.
City Centre
Total pop: 48,185

% Scoring 10+ on wellness score*

18.2% ✗

- 29% meeting physical activity guideline
- 44% walking 30+ minutes per day
- 19% meeting daily fruit & vegetable guideline
- 91% do not smoke

36% in excellent or very good health
24% with a very strong sense of community belonging
47% commuting with sustainable modes

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average ✗ indicates below Richmond average
East Cambie
Total pop: 11,185

- 36% in excellent or very good health
- 22% with a very strong sense of community belonging
- 35% commuting with sustainable modes

% Scoring 10+ on wellness score*
16.9%

- 33% meeting physical activity guideline ✓
- 37% walking 30+ minutes per day ×
- 16% meeting daily fruit & vegetable guideline ×
- 91% do not smoke ×

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average. × indicates below Richmond average.

HEALTHY RICHMOND WELLNESS SURVEY 2012
East Richmond/Fraser Lands
Total pop: 3,400

46% in excellent or very good health
23% with a very strong sense of community belonging
39% commuting with sustainable modes

% Scoring 10+ on wellness score*
26.9% ✓

35% meeting physical activity guideline
43% walking 30+ minutes per day
20% meeting daily fruit & vegetable guideline
92% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average, ✗ indicates below Richmond average.

Healthy Richmond Wellness Survey 2012
Hamilton
Total pop: 5,095

37% in excellent or very good health
22% with a very strong sense of community belonging
39% commuting with sustainable modes

% Scoring 10+ on wellness score*

12.4% ✗

29% meeting physical activity guideline
30% walking 30+ minutes per day
11% meeting daily fruit & vegetable guideline
95% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average ✗ indicates below Richmond average
Seafair
Total pop: 16,450

50% in excellent or very good health ✓
27% with a very strong sense of community belonging ✓
37% commuting with sustainable modes ✓

% Scoring 10+ on wellness score*

23.3% ✓

- 32% meeting physical activity guideline ✓
- 36% walking 30+ minutes per day ×
- 22% meeting daily fruit & vegetable guideline ✓
- 92% do not smoke ×

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average
× indicates below Richmond average
Shellmont
Total pop: 11,130

51% in excellent or very good health ✓
24% with a very strong sense of community belonging ×
25% commuting with sustainable modes ×

% Scoring 10+ on wellness score* 15.1% ×

34% meeting physical activity guideline ✓
39% walking 30+ minutes per day ×
20% meeting daily fruit & vegetable guideline ×
90% do not smoke ×

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average × indicates below Richmond average
West Cambie
Total pop: 7,845

- 34% in excellent or very good health
- 21% with a very strong sense of community belonging
- 21% commuting with sustainable modes

% Scoring 10+ on wellness score: 16.5%

- 27% meeting physical activity guideline
- 36% walking 30+ minutes per day
- 6% meeting daily fruit & vegetable guideline
- 97% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average × indicates below Richmond average

HEALTHY RICHMOND WELLNESS SURVEY 2012

Vancouver Coastal Health
Promoting wellness. Ensuring care.
City of Richmond
Total pop: 190,475

- 43% in excellent or very good health
- 26% with a very strong sense of community belonging
- 36% commuting with sustainable modes

% Scoring 10+ on wellness score*

19.8%

- 33% meeting physical activity guideline
- 41% walking 30+ minutes per day
- 21% meeting daily fruit & vegetable guideline
- 92% do not smoke

Wellness score includes physical activity, daily walking, fruit & vegetable consumption and tobacco use. Sustainable modes of transportation include walking, cycling, public transit and carpool. ✓ indicates above Richmond average  ❌ indicates below Richmond average

HEALTHY RICHMOND WELLNESS SURVEY 2012