HOW TO HANDLE BED BUGS IN YOUR HOME

BITES ENCOUNTERED DURING THE NIGHT

- Inspect bedding and upholstered furniture for live bed bugs, eggs, exoskeletons, fecal staining, or blood spots on sheets
- Inspect cracks and crevices near sleeping, sitting, or resting areas

SET UP MONITORING STATIONS

NO BED BUG FOUND

TENANT

- Advise property manager
- Cooperate with property manager and follow all instructions regarding preparation for treatment
- Allow inspection and fully prepare for treatment
- Prevent spreading bed bugs by early detection, proper treatment, properly containing and sealing bed bug infested items before discarding
- Allow for follow-up monitoring and treatment

TENANT/OWNER

- Continue monitoring unit for signs of bed bug or other insect activity
- Prevent getting bed bugs by being vigilant, monitoring, and being proactive
- For more information, contact the local health department

INSECTS OBSERVED IN DWELLING UNIT

INSECT IDENTIFIED AS A BED BUG

SELF-OWNED

- Contact a pest control company and/or advise Strata
- Follow all instructions regarding preparation for treatment
- Reduce clutter, vacuum, and pest proof using well sealed containers or bags
- Prevent the spread of bed bugs to other buildings or units by being vigilant and limiting what you bring to and from an infested unit

PROPERTY MANAGEMENT COMPANY & OWNER

- Have a plan in place and check surrounding units
- Act quickly so that you treat one room instead of entire building
- Contact a reputable licensed pest control company
- Keep records of pest control service and pest complaints
- Implement a monitoring program throughout the building - an integrated pest management plan (IPM)
- Inform tenants of the IPM plan and provide them with information on preventing infestations and the spread of bed bugs
- Educate management and tenants on what bed bugs look like and the signs of an infestation
- Ensure the correct disposal of goods from infested suite to avoid the further spread of bed bugs
- Have a plan or provide assistance for tenants who are unable or unwilling to adequately prepare units for treatment

IMPORTANT NOTES

Bed bugs are not associated with the transmission of human disease
Contact a professional pest control company if you suspect a bed bug problem

Vancouver Coastal Health
Promoting wellness. Ensuring care.