Help your kids be kids. COVID-19 vaccination recommended for 5 to 11 year olds.

Do it for:
- play dates
- team sports
- pizza parties
- hugs
- family travel
Getting children vaccinated from COVID-19 provides a number of critical benefits. While children 5 to 11 years of age are at a lower risk of severe outcomes from COVID-19, vaccination further reduces the risk. Vaccination can also help children and families safely get back to activities that positively benefit physical and mental health, including educational and recreational activities, and minimizes disruptions due to self-isolation.

**Is COVID-19 vaccination recommended for children 5 to 11 years old?**
The National Advisory Committee on Immunization (NACI) has recently strengthened their recommendation that a complete series of Pfizer-BioNTech Comirnaty vaccine should be offered to children 5 to 11 years of age who do not have contraindications to the vaccine, with a dosing interval of at least 8 weeks.

**How do I register my child for COVID-19 vaccination?**
Parents and guardians are encouraged to register their children to Get Vaccinated at www.getvaccinated.gov.bc.ca and book their appointment as soon as they are invited. VCH offers specialized clinics for children needing additional supports to get vaccinated. Child-friendly vaccination appointments can be booked through the Get Vaccinated system. For more information on options available, visit vch.ca/pediatricvaccine.

**How do I prepare my child for vaccination?**
COVID-19 vaccination information and resources, including guidance on how to prepare children for vaccination, can be found at bccdc.ca.