



FREE help to stop smoking or vaping

- Receive personalized counselling support and education by a doctor or nurse
- Learn more about products to help you stop smoking or vaping
- Appointments available in person, by phone or video

**No referral needed.
Book your appointment now.**

Did you know...

- Tobacco use remains the leading cause of preventable death in Canada
- Within 24 hours of not smoking or vaping, there are positive health benefits, including improved lung health

VGH Smoking Cessation Clinic

Gordon and Leslie Diamond Health Care Centre

2775 Laurel Street (6th floor)
Vancouver, B.C.

604-875-4800 (select option 2)
cessationclinic@vch.ca