CREATING A HEALTHY, LOW-CARBON, CLIMATE-RESILIENT FUTURE
- A HEALTH-FOCUSED VISION FOR INCLUSIVE, COLLABORATIVE ACTION -

FOOD
Food systems that support local agriculture and food security, provide access to traditional foods for Indigenous communities, and enable a diet that is higher in plant-based foods improve nutrition and reduces health risks.

ECOSYSTEMS
Healthy ecosystems provide access to clean air and water while sequestering carbon. In cities, urban parks and trees reduce flooding, lower temperatures, and promote physical activity while providing a space for social connection and relaxation.

HEALTH CARE
A health care system with low-carbon resilient facilities, adaptable health services, strong public health leadership, and reliable supply chains can promote and protect health while reducing impacts on the environment.

BUILDINGS
Low carbon buildings and housing that use healthy design principles, are accessible to everyone, and prepared for climate change are essential in promoting health and wellbeing, protecting people, and providing services.

COMMUNITIES
Complete communities that have opportunities to live, work, and play, provide access to green space, key amenities and healthy foods, and that promote social connections will make us more healthy, happy, and resilient.

TRANSPORTATION
Transportation systems that favour safe active transportation and accessible electrified public transit reduce air pollution, improve road safety, and encourage physical activity; all factors that promote and protect health.

CURRENT AND EXPECTED CLIMATE CHANGE IMPACTS
- Extreme Heat
- Wildfire
- Air Quality & Allergens
- Flooding & Windstorms
- Infectious Diseases
- Ecosystem Changes & Food and Water Insecurity

POPULATIONS AT HIGHEST RISK OF BEING IMPACTED
- Pregnant Women & Children
- Elderly
- Underhoused & Resource Deprived
- Socially Isolated
- Pre-existing Health Issues
- Systemically Marginalized Groups

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For more info, visit vch.ca/climatechange
fraserhealth.ca/health-topics-a-to-z/sun-safety

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