Toxic drugs:
Ideas to stay alive

Naloxone kits and training
Use at an Overdose Prevention Site (OPS)

If your goal is not to use, what supports will help?
Use a little first, then the rest

Plan for relapse: Be extra careful if you use when your tolerance is down
Ask a health provider about Opioid Agonist Therapy (OAT) or Prescribed Alternatives

Watch for drug alerts on posters, websites, Text "JOIN" to 253787 to get alerts
Test your drugs at an Overdose Prevention Site or with take home strips

Use with a friend or ask someone to check on you after
Use Lifeguard or Brave app, or use with a friend on the phone to send help if you can't respond

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