

## VCAFC OUR MISSION

To raise awareness of the role of independent long-term care Family Councils in long-term care homes in the Vancouver Coastal Region of BC.

To establish new Family Councils.

To provide education, mentor and support to existing Family Councils.

To support transitions from site led to independently led while strengthening partnerships with long-term care home operators.

## VCAFC OUR ASK

- Connect With Us!
- Do you have a Family Council?
- Are you thinking about starting one?
- Let us help you with your challenges forming or maintaining a Family Council.
- Share our volunteer mission advocating for quality resident and family experiences in long-term care.
- Help us to deepen and strengthen relationships between families and care home staff, fostering collaborative communication and driving quality improvements for everyone.

[vcafc.regional@gmail.com](mailto:vcafc.regional@gmail.com)

## VCAFC What We Do As Volunteers

VCAFC exists to support residents & families, and care home operators to develop mutually beneficial relationships with Family Councils.

VCAFC works with long-term care staff to educate them about how they can best support Family Councils.

VCAFC informs care home residents and families about the recently updated residential care regulations and the Ministry of Health guidelines and vision for deeper engagement with residents and families.

VCAFC facilitates the start-up of new Family Councils and is an ongoing maintenance resource.

VCAFC offers first-hand knowledge of best practices, templates and resources to help your councils get set up to run independently and collaborate with your senior leadership.

VCAFC can mentor families about roles and expectations of Family Council executive members.



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## New Care Regulations November 3, 2022



### Ministry of Health Changes to Community Care & Assisted Living Act

- Through regulations, government will ensure resident & family councils are able to meet without licensees if preferred.
- The goal is to ensure council members are supported to have honest, open discussions.
- Care home licensees will be required to provide access to a meeting room on the premises for up to 3 hours, and equipment for meetings
- Care home licensees will be required to provide, without cost, administrative support of an employee who is assistance is approved by the family council
- Care home licensees will be required to respond in writing to all recommendations brought forward by the resident and family council
- The Ministry of Health is developing improved information resources for resident and family councils
- The Ministry will also provide a description of the council roles and responsibilities with focus on education, knowledge sharing, understanding residents' rights and discussing best practices and systemic issues that are of interest to residents and their families to enhance quality of life for residents.

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## Resources for Family Councils

VCAFC Facebook Page  
<https://www.facebook.com/VCAFC>

Sample Family Council Portal  
<https://bit.ly/SampleFamilyCouncilWebsite>

BC Government News - Health  
<https://bit.ly/MOHPressRelease>

BC Care Providers Association  
<https://bit.ly/GuideToFamilyandResidentCouncils>

Ministry of Health - Developing,  
Supporting and Maintaining  
Resident & Family Councils  
<https://bit.ly/MOHGuidelines2023>

Seniors Advocate of BC  
<https://bit.ly/SeniorsAdvocateofBC>

Ombudsperson BC  
<https://bit.ly/OmbudspersonBC>

MOH Residential Care Guidelines  
<https://bit.ly/ResidentialCareRegulationsBC>

Resident Bill of Rights  
<https://bit.ly/ResidentBillofRights>



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## VCAFC OUR STRUCTURE

### PROVINCIAL ASSOCIATION OF FAMILY COUNCILS

Independent Long-Term Care  
Councils Association of BC  
ILTCCABC - [iltccabc@gmail.com](mailto:iltccabc@gmail.com)

### REGIONAL ASSOCIATIONS OF FAMILY COUNCILS

All are Members of ILTCCABC

Vancouver Coastal Association  
of Family Councils  
[vcafc.regional@gmail.com](mailto:vcafc.regional@gmail.com)

Vancouver Island Association  
of Family Councils  
[viafc@shaw.ca](mailto:viafc@shaw.ca)

Fraser Association  
of Family Councils  
[fafc2021alicea@gmail.com](mailto:fafc2021alicea@gmail.com)

Interior Association  
of Family Councils  
[interiorfamilycouncils@gmail.com](mailto:interiorfamilycouncils@gmail.com)

Northern Association  
of Family Councils  
[nelsonmord@gmail.com](mailto:nelsonmord@gmail.com)

Let's Talk!

[vcafc.regional@gmail.com](mailto:vcafc.regional@gmail.com)



## VCAFC

Vancouver Coastal Association of  
Family Councils

"Together, we strive to enhance  
the wholistic experience of all  
Residents in Long-Term Care"

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