

**Stan Stronge Pool Schedule – July 8 – September 7, 2024**

<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>		<b>Saturday</b>	
		Drop-In 9:00 – 10:00		Resident Swim 9:00 – 10:30		Resident Swim 9:00 – 10:30					
Exercise Class - Regular 9:30 – 10:30		Exercise Class - Regular 10:00 – 11:00						Ai Chi 9:30 – 10:30			
Drop-In 10:30 – 12:00 pm		Exercise Class – Slow 11:00 – 12:00		Exercise Class - Regular 10:45 – 12:00		Exercise Class - Regular 10:45 – 12:00		Resident Swim 10:30-12:00		Resident Swim 9:00 – 11:30	
<b>Lunch</b> <b>12:15 – 12:45</b>		<b>Lunch</b> <b>12:15 – 12:45</b>		<b>Lunch</b> <b>12:15 – 12:45</b>		<b>Lunch</b> <b>12:15 – 12:45</b>		<b>Lunch</b> <b>12:15-12:45</b>		Exercise Class - Regular 12:30 – 1:30 pm	
Drop-In 1:00 – 2:00		Drop-In 1:00 – 2:00		Drop-In 1:00 – 3:00		Drop-In 1:00 – 2:30		Exercise Class - Slow 1:00 – 2:00		Drop-In 1:30 – 2:30 pm	
Exercise Class - regular 2:00 – 3:00		Resident Swim 2:00 – 4:00				Resident Swim 2:30 – 4:30		Drop-In 2:00 – 3:30		Contact us: Street Address: 719 West 59 <sup>th</sup> Ave Vancouver  Mailing Address: 700 West 57 <sup>th</sup> Ave Vancouver, BC, V6P 1S1  Telephone: 604 301-3810	
	Resident Swim 2:30 – 4:00			Resident Swim 3:00 – 5:00				Lengths 3:30 – 4:30			
		Drop - in 4:00 – 7:00									

Stan Stronge Pool will be closed for maintenance June 17 – July 7, Reopening Monday July 8