



Talking about substance use can save lives.

BC is facing a toxic drug crisis. If you use substances, we want to help you stay safe.

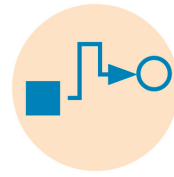
While you're in the Emergency Department:



Get a take-home naloxone kit or safer substance use supplies.



Ask staff about substance use medication and treatment options.



Ask staff about connections to community substance use services and resources.

Resources:



Learn how to respond to overdoses



Use at an overdose prevention site



Check your drugs



Download the Lifeguard App for harm reduction



Indigenous Patient Navigators to support patients while in hospital



Services

Check in with your emergency department care team to learn more

Key harm reduction practices to remember:

Don't use alone.

Have naloxone and know how to use it.



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Providence Health Care

