

ACLS PRE-COURSE RESOURCES FOR LEARNERS



Please note that you are not required to review any of these resources prior to attending your course. They are simply available if you would like to brush up!

2020 Heart & Stroke

- [ACLS pre-course preparation checklist](#)
- [2020 ACLS guideline updates](#)

Dysrhythmia Education Course

- LearningHub
 - [Course Code #19670](#)
 - ~10 hour course
 - For health authority staff only

Pass ACLS Tip of the Day

- 4-10 minute podcasts covering ACLS-specific topics
- Topics include things like: Review of First & Third Degree AV Blocks, Lidocaine & Amiodarone Review, & Medication Reviews

The Visual Nurse

- On Instagram (@thevisualnurse)
 - ECG tips, tricks and review with rhythm interpretation quizzes via IG stories

Ninja Nerd

- Patho-heavy review on how ACLS drugs work
 - Autonomic Pharmacology: Adrenergic Agonists - A great review of meds!
 - Autonomic Pharmacology: Adrenergic Antagonists - Lots of extra information, but includes a great review of Beta 1 antagonists (beta blockers)
 - Antianginal Drugs - Review of angina, beta blockers, Ca channel blockers & nitrates
 - Antiarrhythmic Drugs - Review of action potentials, beta blockers, Ca channel blockers, adenosine & digoxin, Na channel blockers (lidocaine) & K channel blockers (amiodarone)
 - ECG Interpretation - Basics of ECG interpretation, may be helpful for students looking to brush up before class