

2025-An introduction to the assessment & management of rheumatic diseases

Join us for a 4-day (2 half-days virtual and 2 in-person) course on the best practices in the assessment and management of common rheumatic conditions. This course will provide live instructional time with an additional requirement of 6 hours of pre-viewing videos.

Virtual (via Zoom): March 31, 2025 & April 2, 2025, from 12:30 pm to 4:30 pm

In-Person: April 7 & 8 2024, from 8:00am to 4:30pm

In person sessions will take place at the Mary Pack Arthritis Center:
895 W 10 Avenue, Vancouver, BC

Core & RN-specific content includes:

Virtual Content

- Overview of Rheumatic Disease
- Medical Management of Arthritis
- Nutrition and Weight Management
- Rheumatoid Arthritis Assessment and Management
- Osteoarthritis Assessment and Management
- Biologics/biosimilars & Jak inhibitors
- Pain Management
- Culturally safe care and patient experience
- Understanding and Managing Osteoporosis
- Physical Activity Guidance and Support

In Person Content

- Self Management and Patient Education
- Case Studies and clinical pearls
- Understanding & Managing Lupus
- Occupational Therapy in the Management of Arthritis
- Identifying and Managing Sjogren's syndrome
- Spondylarthritis Assessment and Management
- Inflammatory Arthritis Assessment & Physical Exam (with patient participants)
- Interdisciplinary Case Studies (with patient participants)



**Early Bird until
January 31, 2025**

Full Course: \$725^{+GST}
Virtual Only: \$175^{+GST}

Deadline Jan 31st:
Full course: \$775 +GST
Virtual Course: \$ 225 +GST

FINAL REGISTRATION DEADLINE

Register online as of Dec 5, 2024:

****Click [HERE](#)** to Register**

FOR MORE INFORMATION, contact:

Melissa Wong, RN, BScN

Interim Patient Care Coordinator/Clinical Nursing Educator, Mary Pack Arthritis Program

Melissa.Wong@vch.ca

604-875-4111 Ext. 69218

**** If you are a permanent VCH/PHC employee, please contact Melissa Wong to discuss possible course fee reductions****

Note: Per VCH mandate, participants may be required to wear a medical mask while in the building