

An introduction to the assessment & management of rheumatic diseases for rheumatology nurses

Join us for a 4-day (virtual and in-person) course on best practices in the assessment and management of common rheumatic conditions.

The full course will provide approximately 21 hours of live instructional time with an additional 6 hours of required pre-viewing.

Virtual (via Zoom): March 2 & March 4, 12:30 pm to 4:30 pm

In-Person: March 9 & 10, 8:00 am to 4:30 pm

In-person sessions will take place at the Mary Pack Arthritis Center:

895 W 10 Avenue, Vancouver, BC

Lunch & refreshments provided!

Virtual Content (live & pre-recorded sessions)

- Overview of rheumatic disease
- Medical management of arthritis
- Interdisciplinary pain management
- Nutrition and weight management
- Fatigue Management & Joint Protection
- Nutrition & Weight Management
- Physical activity and arthritis
- Rheumatoid Arthritis Assessment & Management
- Spondyloarthritis Assessment & Management
- Osteoarthritis Assessment & Management
- An overview of Systemic Vasculitis, Dr. Natasha Dehghan
- Rheumatology Case Studies & clinical pearls with Dr. Kamran Shoiania

In-person Content

- OT in the management of arthritis
- Osteoporosis Assessment & Management
- Biologics, biosimilars & jak inhibitors
- Self-management and patient education
- Systemic Lupus Erythematosus, Dr. Jennifer Reynolds
- Physical assessment of the joints with live patient models (joint count)
- Interdisciplinary case studies (with patient participants)
- & MORE!



Early bird (Nov 17 - Jan 9)

Full Course: \$725+GST

Virtual Only: \$175+GST

AFTER January 9:

Full course: \$775+GST

Virtual Course: \$225+GST

FINAL REGISTRATION DEADLINE:

February 3, 2026

Registration OPEN- *CLICK HERE* to register



FOR MORE INFORMATION, contact:

Brandi Bagnell, RN, BScN

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** If you are a permanent VCH/PHC employee, please contact Brandi Bagnell to discuss possible course fee reductions**

Note: Per VCH mandate, participants may be required to wear a medical mask while in the building