

2026 - An introduction to OT assessment & management of rheumatic diseases

Join us for a 4-day (virtual and in-person) course on best practices in the assessment and management of common rheumatic conditions.

This course will provide approximately 22 hours of live instructional time with an additional 6 hours of required pre-viewing.

Virtual (via Zoom): March 2 & March 4, 12:30 pm to 5 pm

In-Person: March 9 & 10, 8:00 am to 4:30 pm

In person sessions will take place at the Mary Pack Arthritis Center:

895 W 10 Avenue, Vancouver, BC
Refreshments & lunches provided

Virtual Content (live & pre-recorded sessions)

- Overview of rheumatic diseases
- Medical management of arthritis
- Interdisciplinary pain management
- Nutrition and weight management
- Joint protection and energy conservation
- OA hand assessment and treatment
- Arthritis foot assessment & management
- RA hand (MCP, wrist, IP joint) Ax & Tx
- Physical activity and arthritis

In-person Content

- Arthritis joint count and assessment
- Thumb, IP & wrist joint splinting
- Arthritis foot & gait assessment
- Arthritis foot management
- Self-management and patient education
- Arthritis patient and professional resources
- Interdisciplinary case studies (with patients)



Early bird (Nov 17 - Jan 9)

Full Course: \$725+GST
Virtual Only: \$175+GST

AFTER January 9

Full course: \$775+GST
Virtual Course: \$225+GST

FINAL REGISTRATION
DEADLINE February 3, 2026

Click [here](#) to register

FOR MORE INFORMATION, contact:

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*** If you are a permanent VCH/PHC employee, please contact Nadine Soukoreff to discuss possible course fee reductions***

Note: Per VCH mandate, participants may be required to wear a medical mask while in the building