### **Resources & Publications**

#### **Books**

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#### **Seminal Articles**

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## **Self Help Literature**

The literature below is provided for the use of laypersons and clinicians as a public education service. All documents can be found on the program's website: www.vch.ca/voicecare

- Classroom Noise: Tips for a Quieter Learning Environment
- Speech and Voice Production
- Vocal Hygiene: How to get the Best Mileage from your Voice
- Voice Amplifiers: Tips to avoid voice strain through room acoustics and voice amplification devices
- Throat Problems and Gastro-esophageal Reflux
- Speech and voice production: How does it work?
- What causes voice dysfunction: The ALERT model looks at Lifestyle, Emotion, Reflux and Technique