



iPACE Conversation Starters



“I’d like to talk to you about *what matters most to you with your health*. We are trying to do this with as many patients as possible to ensure that we offer you care that best suits your goals and priorities.”

“I was wondering if you would be open to talking to me about your health and any wishes and worries that you might have. This will help the team to provide you with the care that best meets your needs.”

“I’d like to talk to you about what might be ahead with your health, and help you to do some thinking in advance. This is part of how we care for our patients and how we work to set goals together.”

Rationales: If they ask why...

- It is often best to discuss these issues when patients are not in crisis or in distress.
- Talking about it now (or earlier) allows us the time and space to think these things through and weigh our options.
- We want to ensure that we are offering you information and options that makes sense for your needs. *Goal concordance*
- We want to help you stay in control of the decisions about your care.
- There can be times when you might not be able to share your thoughts with us or your family, so it can also help to talk these things through to make sure that your family feels supported if they are asked to make decisions on your behalf.