

## **Vancouver Paediatric Team - Occupational Therapy Services**

Vancouver Paediatric Team OT's have developed a tiered model of service to better support students and school-based teams. This tiered model of service aligns with the Universal Design for Learning that is being implemented in classroom settings within Vancouver School Board.

### **Tier 1 – Universal**

- district wide educational opportunities on professional days and at resource teacher orientation opportunities (please refer to the VSB postings for professional development opportunities)
- school based workshops/education (please contact your school OT)
- resources to support fine, gross motor skill development and sensory strategies suitable for all students <https://paediatrics.vchlearn.ca/>

### **Tier 2 – Targeted initiated through School Based Team**

Tier 1 services have been implemented, concerns still exist

- school based discussion to support acquisition of specialized equipment for designated students
- targeted support with specific students with similar needs in the same classroom
- small group consultation with school team for specific students in different classrooms

### **Tier 3 – Individual Referral initiated through School Based Team**

Tier 1 and 2 have been implemented, concerns still exist, acceptance for OT service will be at the discretion of your school OT

- individualized assessment of student
- individualized interventions to support student participation
- support school staff in implementing individualized OT-specific interventions for an individual student

### **Indications for Discharge from VPT OT Program**

Students are discharged when:

- they move out of the catchment area served by the program
- they graduate from high-school and are 19 (when they are eligible for adult services)
- goals have been met and/or no further services are required (e.g. school-based team is aware and understands implication of the students medical and/or physical condition and is managing the students needs appropriately, or OT support is no longer effecting change in the students level of function or rate of skill acquisition)
- care needs can be met in an alternate setting, (e.g. through third party benefit)
- care needs are no longer within the scope of VPT
- the student/family no longer desires clinical care, or is no longer willing to establish and/or maintain contact with VCH staff (i.e. client withdraws consent)

If the student's educational needs change due to a change in their medical or functional status, a new referral can be initiated.

# Vancouver Paediatric Team Occupational Therapy Service Model

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## HOW

### INDIVIDUALIZED

- SBT completes online referral located on VPT webpage

### TARGETED

- Contact school OT & send out informational letter to home
- Documentation required (referral/ consent) see above

### UNIVERSAL

- Contact school OT
- No referral required

## WHO

### INDIVIDUALIZED

- 1:1 O.T. Involvement
- Tier 1 & 2 completed - concerns still exist
- Intensive needs

### TARGETED

- Targeted and more specialized
- Needs based, specific students, smaller groups
- Tier 1 completed - concerns still exist for some students

### UNIVERSAL

- Beneficial for ALL students
- Professional support – not direct service with students

## WHAT

- Individualized intervention
- Child specific standardized assessment, monitoring, recommendations
- Collaboration in service planning (IEP, SBT etc.)
- Informs placement, programming, support
- Liaise with District, family, external agencies
- Referrals to outside agencies for further assessment/support/treatment

- Targeted screening
- Collaboration with District Staff (Inclusion, Behaviour)
- Informal and formal assessment
- Direct OT involvement with groups for short period
- Resources to support programming

- Preventative, pro-active, pre-referral
- Pro-d and in-services (District, school, class)
- Universal screenings (school, class)
- Teacher/school consultation
- Provide resources and strategies

