

DIABETES CLINIC IN-PATIENT RN REFERRAL FORM

PATIENT LABEL

Date/Time: _____

****Physician/Provider's order does not guarantee a diabetes RN consult****

One of the following Criteria must be met for VGH diabetes RN consult:

Check one or more:

- Newly diagnosed Type 1.
- Patient new to insulin or change in insulin type/regimen.
- Admission or emergency visit due to hypoglycemia, DKA or HHS.
- Steroid induced hyperglycemia requiring glucometer ± insulin teaching.

How To Refer:

1. The following must be completed. In-complete referral will be rejected and returned to unit.
2. Referrals must be faxed to **604-875-8276** at least **48 hours prior to discharge**.
Failure to provide sufficient notice can delay patient discharge. Teaching may not be possible on same day as consult request.
3. Hours of work Monday – Friday, 0800-1600, excluding stat holidays.
For urgent concerns during these times, please page 87-03212.

English:

- Yes
- No - Language: _____
- Unit virtual tablet available
- Family to interpret
- Book interpreter: Date & time of interpreter has been booked: _____

Barriers to Learning:

- Visual impairment
- Dexterity impairment
- Hearing impairment
- Cognitive impairment
- Mental health: _____
- Other: _____

Intended Discharge Date: _____

This section only for Endocrinology Service to complete, if required:

Endocrinologist: _____

Reason for Referral by Endo: _____

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Criteria NOT accepted for VGH Diabetes In-Patient RN consult:

1. Patient with Prediabetes or Type 2 diabetes requiring general diabetes education and glucometer teaching.
Refer to community pharmacy to obtain glucometer and out-patient centre for education.
2. Non-adherence with medications or diet.
Refer to the attending medical team, unit pharmacist, or unit dietitian.
3. Glucose sensor & pump supplies are not provided.
Patient must bring in own supplies.
4. Patient requiring extra supplies (test strips, lancets, pen needles). Initial supplies given are for teaching purposes only.
Family to bring in extra supplies or unit to connect with patient's community pharmacy to deliver.

Resources for Providers:

Hypoglycemia:

- **VCH intranet** <http://vch.eduhealth.ca/PDFs/FL/FL.850.L95.pdf>
- <https://www.diabetes.ca/DiabetesCanadaWebsite/media/Managing-My-Diabetes/Tools%20and%20Resources/hypoglycemia-low-blood-sugar-in-adults.pdf?ext=.pdf>

Resources for Patients:

- **Diabetes Canada** <https://www.diabetes.ca>
- **Chinese Information:** <http://guidelines.diabetes.ca/chinese>
- **French Information:** <http://guidelines.diabetes.ca/ressourcesfrancaises>
- **Booklet: On the Road to Diabetes Health.** Translated in **English, Chinese simplified, Punjabi and Farsi.**
The booklet can be located on a web search or www.fraserhealth.ca

Regional Outpatient Diabetes Referrals Forms:

- **VGH** <https://vch.eduhealth.ca/pdfs/fl/fl.800.d52.pdf>
- **Fraser Health** <https://www.fraserhealth.ca/media/DiabetesEducationReferral.pdf>
- **Fraser Health South Asian Centre (English, Punjabi, Hindi and Urdu):** <https://www.fraserhealth.ca/Service-Directory/Services/Population-Based-Services/south-asian-health-centre#.X76d18hKiUk>
- **North Shore** <https://vch.eduhealth.ca/PDFs/EF/EF.850.N67.pdf>
- **Providence Health** [http://medstaff.providencehealthcare.org/media/PHC-DB145%20Diabetic%20Health%20Centre%20Referral%20\(R%20%20Sep%2025-13\)BC.pdf](http://medstaff.providencehealthcare.org/media/PHC-DB145%20Diabetic%20Health%20Centre%20Referral%20(R%20%20Sep%2025-13)BC.pdf)
- **Richmond Diabetes Centre (English, Cantonese and Mandarin)**
http://www.vch.ca/Locations-Services/result?res_id=1471